



THE WHITE BARN INN  
FINE DINING · LODGING · SPA

## Spa Offerings

### The Traditional

#### ❖ Signature White Barn Inn Massage

90 min, \$200

Our signature massage includes a detoxifying foot soak, hot towel treatment and a customized blend of aromatherapy oils. Your skilled therapist will customize this massage to suit your individual needs.

#### Swedish Massage

60 min, \$135

90 min, \$175

Long, flowing, connecting strokes are used to relax muscle tension, free the mind and reduce stress.

#### Prenatal Massage

60 min, \$135

90 min, \$175

Full body Swedish massage strokes on a table prepared for the expectant mother.

#### Therapeutic Massage

60 min, \$160

90 min, \$180

A customized massage session which utilizes varying techniques created to support you in achieving your wellness goals. A unique, select blend of organic essential oil aromatherapy is incorporated to enhance the intention of your session.

#### Kennebunk River Stone Massage

60 min, \$160

90 min, \$190

Warm river stones are placed on the Chakra centers of the body throughout your treatment. Relieves tense muscles, sore joints and increases energy.

#### Aromatherapy Massage

60 min, \$160

90 min, \$190

Swedish massage strokes are used with aromatherapy oils to relax the muscles and the mind.

#### Deep Tissue Massage

60 min, \$170

90 min, \$200

Deep, focused, and invigorating massage designed to ease muscle soreness and tired joints from overuse or intensive exercise.

#### Reflexology

60 min, \$145

90 min, \$185

Pressure points on the feet are manipulated to reduce tension and fatigue creating balance, harmony and energy throughout the whole body.

#### Thai Yoga Massage

60 min, \$170

90 min, \$200

An ancient Asian massage combining deep yet gentle stretching, passive yoga, and acupressure resulting in increased flexibility, stress reduction, and enhanced wellness. Please wear comfortable, loose-fitting clothing

#### Reiki: Universal Life-Force Energy

60 min, \$135

90 min, \$175

A Japanese holistic healing energy to treat the whole person, mind, body, spirit and emotions. Promotes a state of relaxation and feeling of peace and well-being.

### Body Wraps

#### ❖ Mineral Wrap

90 min, \$190

Maine sea salt exfoliates the skin and allows absorption of nutrients from the warm sea mud; a rejuvenating Swiss shower leaves your skin feeling tighter, smoother and energized.

#### Detoxifying Wrap

60 min, \$175

This algae wrap deeply cleanses, exfoliates, and soothes. Aromatherapy enhances your experience and an application of a hydrating body cream leaves you feeling refreshed and nourished.

### Yoga

#### Therapeutic Yoga

60 minutes \$145

A uniquely designed yoga sequence which targets areas of chronic tension or stress. Learn how to reenergize and renew the body and mind with an individual specialized session accompanied with an at home care guide allowing the benefits to last forever. Suitable for all individuals.

❖Indicates a White Barn Inn Signature Service

207.967.2321

## **Rejuvenating Body Treatments**

### **❖ Integrated Body Treatment 90 min, \$225**

This journey begins with an invigorating full body exfoliation. Next relax in our infinity edge soaking tub to de-stress tired muscles. A full body massage utilizes integrated massage therapies and a soothing full body wrap concludes this luxurious treatment.

### **Red Flower Hammam Ritual 90 min, \$225**

A ritual-based treatment inspired by the ancient skin care practices of the Turkish bath house deeply detoxifies and warms the skin. This five-step treatment cleanses, exfoliates, wraps and massages the body. An invigorating blend of jasmine, bergamot, orange blossom and clove offer a therapeutic experience for mind and body.

### **Add the Neroli Cypress Bath Soak: 110 min, \$275**

### **Exfoliating Body Glow 60 min, \$160**

An in-depth exfoliation eliminates dead skin cells with an application of body moisturizer will leave the skin soft and smooth. Rejuvenate with a Swiss shower and hydrating lotion application.

### **❖ Bath Ritual 90 min, \$190**

A relaxing treatment to unwind the body and mind with a hydrating soak in our infinity edge soaking tub, followed by a 60-minute Swedish massage and application of a hydrating body cream.

### **❖ Seasonal Body Treatment 90 min, \$200**

Discover the healing properties of seasonal herbs and ingredients. This seasonally changing body ritual aims to rejuvenate and rebalance the body.

## **Facials**

### **❖ Signature White Barn Inn Facial 90 min \$200**

An anti-aging facial designed to rejuvenate the complexion. This facial cleanses, exfoliates, reduces fine lines and wrinkles, brightens and hydrates the skin. A detoxifying foot soak and aromatherapy blend are added to suit your needs.

### **Essential Facial 60 min, \$140**

This facial is customized to your skin care needs and can be adapted to all skin types. This facial is rejuvenating and purifying and includes a cleanse, exfoliation, mask, steam and massage.

### **Gentleman's Facial 60 min, \$140**

Rebalances and purifies the skin. \*Please shave 24 hours before treatment.

### **Cleansing Back Facial 60 min, \$180**

A customized and calming treatment for your back. This includes a cleanse, a detailed skin analysis, a deep pore exfoliation, detoxifying treatment mask, steam and massage.

### **❖ Signature White Barn Inn Indulgence 60 min, \$275 90 min, \$375**

This synchronized treatment is the ultimate indulgence for anyone that is looking to experience both a relaxing massage and luxury facial in a time efficient manner.

## **Hair Removal**

Arm	15 min, \$25	Back	60 min, \$45
Bikini	30 min, \$35	Chest	60 min, \$45
Chin	15 min, \$25	Lip	15 min, \$25
Eyebrow Shaping	30 min, \$40	Eyebrow Maintenance	15 min, \$25
Leg Full	60 min, \$65	Leg Half	30 min, \$35
Underarm	15 min, \$25		

## **Treatment Enhancements**

Alpha Beta Peel (for facials)	15 min, \$65	Neck and Décolleté (for facials)	15 min, \$80
Paraffin	15 min, \$35	Hand or Foot Facial	30 min, \$65
Body Exfoliation	30 min, \$80	Reflexology	30 min, \$65
Detoxifying Foot Soak	30 min, \$65		
Soak in our Infinity Edge Soaking Tub	30 min, \$80		

## **Packages**

### **Spa Date Night**

**\$550 per couple**

Enjoy a welcome by the Spa Therapist with something to sip on, bathrobe and slippers, followed by a 90 minute custom therapeutic massage (can be couples or two separate rooms). After the treatment, relax in the Couple's Spa Suite which will be exclusively yours; complete with canapés, chocolate covered strawberries and sparkling wine. We will send you home with a small gift to remind you of your special evening.

### **The White Barn Inn Experience**

**4.5 hours, \$530**

White Barn Inn Signature massage, White Barn Inn Signature Facial and Mineral wrap.

### **Kennebunk Serenity**

**3 hours 15 minutes, \$450**

Essential Facial, Kennebunk River Stone Massage, Detoxifying Body Wrap and Paraffin Treatment.

### **Couple's Sojourn**

**3 hours, \$815 per couple**

Swedish massage for each person, Essential or gentleman's facial for each and Detoxifying Body Wrap for each.

### **❖ Signature White Barn Inn Indulgence**

**60 min, \$275**

**90 min, \$375**

This synchronized treatment is the ultimate indulgence for anyone that is looking to experience both a relaxing massage and luxury facial in a time efficient manner.

The White Barn Inn Spa is open to the public.

White Barn Inn & Spa  
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Please contact us for the hours of operation.



**207.967.2321**